

Carers in Hertfordshire Support Hub

Stevenage 2022

Where: Stevenage Leisure Centre, Lytton Way,
Stevenage, Herts, SG1 1LZ.

When: Last Thursday of each month,
10.30am – 12.30pm.

Please contact us to book a place to attend.

A community for unpaid carers

Come along and meet other family and friend carers,
share your views, and find out what help is available locally.

28th July	25th Aug	29th Sept	27th Oct	24th Nov	None Dec
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One of our Carer Support Advisors will provide 1:1 appointments at the October 2022 meeting.

A programme of speakers will be planned as requested - find out about these on the Carer Support Hubs page on our website or contact us.

We also have Hubs in Royston (first Thursday of the month) and Letchworth (third Wednesday of the month) - contact us for details.

To contact us:

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Visit: www.carersinherts.org.uk



Making Carers Count